

# MONDAY EVENING

# MARCH 16, 2026

	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	
<b>3</b>	3 News (N)	ET (N)	St. Denis (N)	The Fall (N)	The Voice "The Battles Premiere" (N)				3News at (N)	(:35) J. Fallon	
<b>5</b>	News (N)	Hollywood	American Idol (N)				The Rookie "Aftermath" (N)		News 5 (N)	(:35) J. Kimmel	
<b>8</b>	Fox 8 News	Family Feud	Extracted (N)		Memory "Dr. Parks" (N)		Fox 8 News at 10:00pm (N)		Big Bang	Two Half Men	
<b>19</b>	Wheel (N)	Jeopardy! (N)	Neighbor (N)	DMV (N)	FBI "Forgiven" (N)		CIA "Forced Labor" (N)		19 News at (:35) Colbert		
<b>21</b>	Inside Ed. (N)	Family Feud	St. Denis (N)	The Fall (N)	The Voice "The Battles Premiere" (N)				News (N)	(:35) J. Fallon	
<b>27</b>	Wheel (N)	Jeopardy! (N)	Neighbor (N)	DMV (N)	FBI "Forgiven" (N)		CIA "Forced Labor" (N)		First News	(:35) Colbert	
<b>33</b>	33 at 7 (N)	ET (N)	American Idol (N)				The Rookie "Aftermath" (N)		News Chan.	(:35) J. Kimmel	
<b>43</b>	19 News at	19 News First	Law & Order: SVU "Scourge"		19 News at 9 PM		News	(:45) Sports	Law-SVU "Repression"		
<b>45</b>	PBS News Hour (N)		Antiques "Women's Work"		Antiques Roadshow		Discovering Maggie Smith		Amanpour and Company (N)		
<b>62</b>	Big Bang	Big Bang	Extracted (N)		Memory "Dr. Parks" (N)		First News on Fox (N)		Seinfeld	Seinfeld	
<b>A&amp;E</b>	Live PD: Great. "Episode 49"		Live PD: Great. "Episode 39"		Live PD: Great. (N) (SF)		Live PD "Episode 1" (N) (SP)		(:05) Live PD "Episode 48"		
<b>AMC</b>	5(3:30) <b>★★★★</b> Gran Torino		<b>★★★</b> Jack Reacher '12 Rosamund Pike, Robert Duvall, Tom Cruise.								
<b>ANPL</b>	Bigfoot "Bobo Marks His Turf"				Alaska: The Last Frontier "Breaking Point"			Alaska: The Last Frontier "Fox Cabin Finale"			
<b>BET</b>	Neighbor	(:35) Neighbor	(:10) Neighbor	(:50) Neighbor	(25) The Neighborhood		Payne	(:35) Payne	(:10) Payne	(:50) Payne	
<b>BRAVO</b>	Below Deck "Gossip Boy"		Below Deck Down Under "Burnt Bridges" (N)			Top Chef (N)		(45) Summer House		BelowDeck	
<b>CBSSN</b>	Flag Football		NCAA March Madness Bracket Breakdown (N) (Live)				Poker Night in America (N)		NCAA March Madness		
<b>CMT</b>	Mama's	Mama's	Reba	(:35) Reba	(:10) Reba	(:40) Reba	(:15) Reba	(:50) Reba	"No Good Deed"		(25) Gold Girls
<b>CNBC</b>	Shark Tank		Shark Tank			Shark Tank		Shark Tank		Shark Tank	
<b>CNN</b>	E. B. OutFront (N) (Live)		Cooper 360 (N) (Live)			The Source With (N) (Live)		CNN NewsNight (N) (Live)		Laura Coates Live (N) (Live)	
<b>COM</b>	The Office (:35) Office		(:10) Office	(:45) Office	(:20) The Office		(:55) Office	The Office	The Daily Show		
<b>DISC</b>	Contraband: Seized		Contraband: Seized (N)		Body Cam (N)		Contraband: Seized		Contraband "Catch 'Em All"		
<b>E!</b>	<b>★★★</b> Book Club: The Next Chapter '23 Jane Fonda, Diane Keaton.				<b>★</b> What a Girl Wants '03 Colin Firth, Kelly Preston, Amanda Bynes.						
<b>ESPN</b>	NHL Hockey Boston Bruins at New Jersey Devils (N) (Live)					NHL Hockey Pittsburgh Penguins at Colorado Avalanche (N) (Live)					
<b>ESPN2</b>	Tournament Challenge (N) (Live)				College GameNight: Tournament Challenge Marathon				SportsCenter (N) (Live)		
<b>FDH</b>	Bensinger	Cont.	Pin Shot	Pin Shot	Pin Shot	Pin Shot	Pin Shot	Zips Weekly	The Bobby Carpenter Show		
<b>FNC</b>	Ingraham (N) (Live)		Jesse Watters (N) (Live)			Hannity (N) (Live)		Gutfeld! (N)		Fox News at Night (N) (Live)	
<b>FOOD</b>	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Ultimate "Modern Masterpieces" (N)			Beat Bobby	Beat Bobby	Beat Bobby	
<b>FREE</b>	<b>★★★</b> Hotel Transylvania 2 '15 Adam Sandler.				<b>★★★</b> Elemental '23 Voices of Mamoudou Athie, Leah Lewis.			The 700 Club (N)			
<b>FX</b>	(5:00) <b>★</b> Star Wars: Force Awa...		<b>★★★</b> Star Wars: The Last Jedi '17 Carrie Fisher, Adam Driver, Mark Hamill.								
<b>GOLF</b>	PGA (N)	Lessons	2026 Players Championship Final Round From Ponte Vedra Beach, Florida.								
<b>HALL</b>	(6:00) <b>★</b> Villa Amore '25)		<b>★</b> Missing the Boat '26 Kristoffer Polaha, Emilie Ullerup.				Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls
<b>HGTV</b>	Bachelor Mansion Takeover		Bachelor Mansion "Off the Deep End" (N)			Wild Vac. (N)	Neighbor. (N)	Neighbor. (N)	Hunters	Hunters	
<b>HIST</b>	History's Greatest Mysteries		History's Greatest Mysteries			History's-Mysteries (N)		(05) History's "Missions" (N)	(05) History's "Tyrants"		
<b>HN</b>	Forensic	Forensic	Forensic	Forensic	Forensic	Forensic	Forensic	Forensic	Forensic	Forensic	
<b>ION</b>	Blue Bloods "Two of a Kind"		Blue Bloods			Blue Bloods "Life Sentence"		Blue Bloods		Blue Bloods "Bad to Worse"	
<b>LIFE</b>	NCIS "Masquerade"		NCIS "Jack Knife"			NCIS "Mother's Day"		(05) NCIS "Double Identity"	(05) NCIS "Jurisdiction"		
<b>MSNBC</b>	The Weeknight (N) (Live)				The Rachel (N) (Live)			Last Word (N) (Live)		The 11th Hour With (N) (Live)	
<b>MTV</b>	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous
<b>NGEO</b>	Vikings: The Rise and Fall		Vikings: The Rise and Fall			Vikings "The Fall of Francia"		Vikings "The Wild West"		Vikings: The Rise and Fall	
<b>NICK</b>	Friends	Friends	Friends	Friends	Friends	Friends	Big Bang	(:40) Big Bang	(:15) Big Bang	(:50) Big Bang	
<b>OXY</b>	Snapped		Snapped "Christine Paolilla"			Snapped "Jennifer Nibbe"		Snapped "Kristi Lunbery"		Snapped "Katharine Holmes"	
<b>PARMT</b>	(6:00) <b>★★★</b> Grumpy Old Men '93)			<b>★★★</b> Grumpier Old Men '95) Walter Matthau, Ann-Margret, Jack Lemmon.				<b>★★★</b> Grumpy Old Men '93)			
<b>SYFY</b>	(6:00) <b>★★★★</b> Harry Potter and the Deathly Hallows: Part 1				(05) <b>★★★★</b> Harry Potter and the Deathly Hallows: Part 2 '11) Daniel Radcliffe.						
<b>TBS</b>	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	
<b>TCM</b>	(6:30) <b>★★★</b> China Sky '45)		<b>★★★★</b> The King of Comedy '83) Robert De Niro.			<b>★★★</b> The Nutty Professor '63) Jerry Lewis.					
<b>TLC</b>	90 Day: The Single Life		90 Day: The Single Life (N)			(05) Unexpected (N)		(05) The Single Life (N)		(05) 1000-lb Sisters	
<b>TNT</b>	Movie	(:45) <b>★★★</b> Godzilla x Kong: The New Empire	(24) Rebecca Hall.				<b>★★★</b> The Tomorrow War '21) Chris Pratt.				
<b>TOON</b>	Burgers	Burgers	Burgers	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Rick Morty	Rick Morty
<b>TRAV</b>	(6:00) Mysteries- Unk.		Mysteries of the Unknown				Mysteries of the Unknown				
<b>TRU</b>	<b>★★★</b> Fever Pitch '05) Jimmy Fallon, Drew Barrymore.				(:15) 4.7 Sec.	(:45) <b>★★</b> Over the Top '87) Sylvester Stallone.	(45) 4.7 Sec.				
<b>TVL</b>	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	King	King	
<b>USA</b>	Law & Order: SVU "Greed"		Law & Order: SVU "Denial"			Law-SVU "Competence"		Law-SVU "Chameleon"		Law-SVU "Vulnerable"	
<b>WH1</b>	My Wife	My Wife	My Wife	My Wife	My Wife	My Wife	Wild 'n Out	Wild 'n Out	Wild 'n Out	Wild 'n Out	
<b>WE</b>	Criminal Minds		Criminal Minds "Plain Sight"			Criminal "Broken Mirror"		Criminal Minds "L.D.S.K."		Criminal Minds "The Fox"	
<b>DISN</b>	Big City	Big City	Phineas	Phineas	Place	Vampirina	Kiff	Kiff	Ladybug	Ladybug	
<b>FLXX</b>	(6:05) <b>★★★★</b> The Grifters		<b>★★★★</b> There Will Be Blood '07) Paul Dano, Daniel Day-Lewis.								
<b>HBO</b>	(:55) <b>★★★★</b> Battle of the Sexes '17) Emma Stone.				Born (N) (P)	Born to Bowl	DTF St. Louis	(:50) Born	(:20) Rooster		
<b>HBO2</b>	(6:15) <b>★★★</b> 65	(:50) DTF St. Louis	(:40) Rooster		(:15) Rooster	(:45) <b>★★★★</b> One Battle After Another '25) Sean Penn, Leonardo DiCaprio.					
<b>HBO3</b>	(6:55) <b>★★★★</b> Weapons '25) Julia Garner, Josh Brolin.				<b>★★★</b> Dead of Winter '25) Emma Thompson.			(:40) <b>★★★★</b> Atomic Blonde '17)			
<b>MAX</b>	(6:00) <b>★</b> Valerian & the City of ...		(:15) <b>★★</b> Red Riding Hood '11) Amanda Seyfried.			(:55) <b>★★★</b> Sucker Punch '11)		Movie			
<b>PARSHO</b>	(5:45) <b>★★</b> Top Gun: Maverick		<b>★★★</b> Shooter '07) Michael Peña, Mark Wahlberg.			(05) <b>★★★</b> American Assassin '17) Dylan O'Brien.					
<b>SHOW2</b>	(5:35) <b>★★★★</b> Flight '12)		<b>★★★★</b> Our Friend '19) Dakota Johnson, Jason Segel.			(05) <b>★</b> End of Sentence '19) John Hawkes. (:45) <b>★</b> Maniac					
<b>STARZ</b>	(:10) <b>★★</b> Anaconda '97) Jennifer Lopez.			(:45) <b>★★★</b> Sweet Home Alabama '02) Reese Witherspoon.		(:35) Outlander "Prophecies"		Movie			
<b>STZENC</b>	(5:55) <b>★</b> Bridget Jones's Baby		<b>★★★</b> Baby Mama '08) Tina Fey.			(40) <b>★★★★</b> World War Z '13) Mireille Enos, Brad Pitt.				Movie	